



## Design for Healthy Aging: Research and Best Practices Across the Continuum of Care

January 26, 2023

### The Workshop

As individuals age, physical, mental, and societal challenges become more prevalent. This intensive, one-day virtual workshop explores those challenges and discusses programming and design interventions that can assist people (and care givers). Expert faculty will present case studies and examples that integrate architecture, design and technology into living environments that are not only safe, but foster wellness and longevity.

Together, faculty thought leaders and attendees will explore gaps in the current system and consider the latest in design thinking for healthy aging in various settings across the continuum of care. Presenters will identify state-of-the-art best practices and possible new solutions that enhance access to nature, engagement with technology, resilience, and meaning and purpose. Through presentations, case studies and panel discussions, attendees will gain new insights, have opportunities to pose questions to workshop faculty, and interact with fellow attendees in fun and innovative ways.

### Agenda

Time	Agenda Item
8:00 AM PT 11:00 AM ET	<b>Welcome Opening Remarks &amp; Introductions</b>  Addie Abushousheh, PhD, Assoc. AIA, EDAC, Research Associate, The Center for Health Design
8:05 AM PT 11:05 AM ET	<b>Opening Keynote Presentation</b> Opening the workshop with a presentation that outlines the state-of-the-practice in design for aging.  Melody Karick, Director, Meadow View Memory Care Garden Spot Village



<p>8:35 AM PT 11:35 AM ET</p>	<p><b>The Hundred Year Life is Here: Are We Ready</b> (with audience Q&amp;A)</p> <p>The age of longevity is here, with people living and working longer than in decades past. But are we ready to accommodate people in the various facets of an increasing lifespan? This presentation will share insights and perspectives that will impact older adults moving forward and will present a case study of Mosaic by Willow Valley that demonstrates new directions.</p> <p><b>Tama Duffy Day, FACHE, FASID, FIIDA, LEED® BD+C, Senior Living Leader, Principal, Gensler</b></p>
<p>9:05 AM PT 12:05 PM ET</p>	<p><b>Lighting - Research and Design Strategies to Mitigate the Challenges of the Aging Eye and Cognition</b> (with audience Q&amp;A)</p> <p><b>Eunice Noell-Waggoner, IES, President of Center for Design for an Aging Society; Interior Architect, Lighting Designer, and Advocate for Better Lighting for Seniors</b></p> <p><b>Naomi J. Miller, FIES, FIALD, LC, Senior Scientist, Pacific Northwest National Laboratory; Lighting Designer and Researcher Passionate about Promoting Quality Lighting using science as evidence</b></p>
<p>9:35 AM PT 12:35 PM ET</p>	<p><b>West Coast Coffee Break / East Coast Lunch Break</b></p>



<p>10:05 AM PT 1:05 PM ET</p>	<p><b>2026 Residential Health, Care, and Support Facilities: A Sneak Peek of Changes Afoot</b> (with audience Q&amp;A)</p> <p>John Shoemith, AIA, LEED AP, Principal, Shoemith Cox Architects</p> <p>Gaius G. Nelson, Founding Principal, The Nelson-Tremain Partnership</p>
<p>10:35 AM PT 1:35 PM ET</p>	<p><b>Panel #1: Evidence-based Design for Person Centered Care</b> Join this panel for a discussion about best practices and challenges in various services and settings across the aging continuum of care.</p> <p>Margaret Calkins, M.Arch, PhD, EDAC, FGSA, Board Chair, IDEAS Institute</p> <p>Jane Rohde, AIA, FIIDA, ASID, ACHA, CHID, LEED AP BD+C; GGA-EB, GGF, Principal, JSR Associates, Inc.</p> <p>Robert Wrublowsky, MAA, AAA, OAA, SAA, MRAIC, LEED AP, EDAC, Principal Architect, MMP Architects Inc.</p> <p>Migette L. Kaup, PhD, FIDEC, ASID, IIDA, NCIDQ, EDAC, Professor/ID Program Coordinator, Dept. of IDFS / Gerontology, College of Health and Human Sciences, Kansas State University</p>
<p>11:15 AM PT 2:15 PM ET</p>	<p><b>Audience Q&amp;A with Presenters</b> Pose questions to the panelists and hear their responses and insights.</p>



11:45 AM PT 2:45 PM ET	<b>Panel #2: Wrap-up Discussion</b> Addie Abushousheh, PhD, Assoc. AIA, EDAC, Research Associate, The Center for Health Design
Noon PM PT 3:00 PM ET	<b>Adjourn Day</b>
12:05 PM PT 3:05 PM ET	<b>Join us for Social Time</b> Take some time to debrief and unwind from the day with other workshop attendees and key speakers

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