



Design for Healthy Aging: Solutions Across the Continuum of Care

August 17-18, 2022

The Workshop

As individuals age, physical, mental, and societal challenges become more prevalent. This intensive virtual workshop explores those obstacles and discusses programming and design interventions that can assist individuals and care givers. Expert faculty will present examples that integrate architecture, design and technology into living environments that are not only safe, but foster wellness and longevity.

Together, faculty and attendees will explore gaps in the current system and consider the latest in design thinking for healthy aging in various settings across the continuum of care. Our experts will also identify state-of-the-art best practices and possible new solutions that enhance access to nature, engagement with technology, resilience, and meaning and purpose. Through presentations, case studies and panel discussions, attendees will gain new insights, have opportunities to pose questions to workshop faculty, and interact with fellow attendees in fun and innovative ways.

Agenda

August 17	Agenda Item
8:00 AM PT 11:00 AM ET	Welcome Opening Remarks & Introductions Addie Abushousheh, PhD, Assoc. AIA, EDAC, Research Associate, The Center for Health Design
8:05 AM PT 11:05 AM ET	Opening Keynote: Aging Well with Dementia Alzheimer's and other progressive forms of dementia are amongst the most dreaded diagnoses people can receive. There is no effective cure, and for decades the focus was primarily on the downward trajectory of loss: loss of thinking abilities, loss of autonomy, loss of dignity, loss of friendships, loss of respect - and the list goes on. More recently, people who have been diagnosed with neurocognitive disorders have been speaking out, their rallying cry being "Nothing about me without me". Margaret Calkins, M.Arch, PhD, EDAC, FGSA, Board Chair, IDEAS Institute



8:45 AM PT 11:45 AM ET	<p>Designing for the 100-Year Life and an Active Aging Future</p> <p>Gensler’s Senior Living leaders Tama Duffy Day, Chris Dos Santos, and Jeremy Southerland and the Gensler Research Institute’s Michelle DeCurtis share the latest research, trends, and “future of” thoughts across a myriad of space types that will undeniably impact the future of aging and the senior living industry.</p> <p>Tama Duffy Day, FACHE, FASID, FIIDA, LEED® BD+C, Senior Living Leader, Principal, Gensler</p> <p>Chris Dos Santos, LEED AP BD+C, Studio Director, Senior Living Leader, Senior Associate, Gensler</p> <p>Jeremy Southerland, Senior Living Practice Area Leader, SE Region at Gensler</p> <p>Michelle DeCurtis, Research Strategist, Gensler Research Institute</p>
9:15 AM PT 12:15 PM ET	<p>Audience Q&A</p> <p>Pose questions to the presenters and hear their responses and insights.</p>
9:25 AM PT 12:25 PM ET	<p>Morning Wrap-Up</p>
9:30 AM PT 12:30 PM ET	<p>West Coast Coffee Break/East Coast Lunch Break</p>
10:00 AM PT 1:00 PM ET	<p>Welcome, Recap and Afternoon Agenda</p>



10:05 AM PT 1:05 PM ET	<p>Next Generation Senior Living, One Example in the Pacific North West</p> <p>In this presentation, CEO Vassar Byrd will review the guiding design principles and practices that have shaped a unique life plan community in Portland, Oregon. Known for its award-winning designs garnered over the past ten years of redevelopment and renewal, the difference at Rose Villa is more than beautiful buildings or even its net zero energy focused neighborhoods. The philosophy and approach focus on meeting residents where they are at, and tending to the social connection as much as the geographic one. Specifically, the emphasis on dementia inclusion (rather than segregating by diagnosis) is foundational.</p> <p>Vassar T. Byrd, CEO, Rose Villa Senior Living</p>
10:40 AM PT 1:40PM ET	<p>Affordable Housing Strategies that Promote Personal Well-Being and Success</p> <p>Too often affordable housing interventions have delineated islands of need that perpetuate barriers to successful community living. We can and will do better! MKM architecture + design principal Dodd Kattman will address beneficial goals and highlight positive examples of inclusive housing strategies that encourage personal well-being.</p> <p>Dodd Kattman, AIA, LEED AP, Principal, MKM architecture + design</p>
11:15 AM PT 2:15 PM ET	<p>Audience Q&A with Afternoon Presenters</p> <p>Pose questions to the presenters and hear their responses and insights.</p>
11:25 AM PT 2:25 PM ET	<p>Day #1 Wrap-Up</p>
11:30 AM PT 2:30 PM ET	<p>Adjourn Day #1</p>
11:35 AM PT 2:35 PM ET	<p>Join us for Social Time</p> <p>Take some time to debrief and unwind from the day with other workshop attendees and key speakers</p>



August 18	Agenda Item
8:00 AM PT 11:00 AM ET	<p>Welcome - Observations & Reflections</p> <p>Join workshop faculty as they reflect on key takeaways from Day #1 and discuss their implications.</p> <p>Addie Abushousheh, PhD, Assoc. AIA, EDAC, Organizational & Environmental Gerontologist, Research Associate, The Center for Health Design</p>
8:05 AM PT 11:05 AM ET	<p>Creating Environments Where Everyone Thrives</p> <p>Each and every one of us desires a life filled with meaning and purpose. This desire doesn't change because someone is living with dementia. Join Jennifer Brush and learn how to create a physical and social environment that focuses on building community, maximizing individuals' preserved abilities, and improving staff satisfaction. It's time to stop merely surviving and start thriving!</p> <p>Jennifer Brush, MA, CCC/SLP, Director, Brush Development</p>
8:40 AM PT 11:40 AM ET	<p>Therapeutic Spaces for Healthy Aging: Integrating Biophilic Design for Human and Environmental Wellbeing</p> <p>Residential environments for the aged have long been neglected by architects and designers. This hybrid housing type is challenging in part because it is both someone's home and a carer's workplace. In light of renewed focus on healthy long term care environments for the aged due to COVID-19, this presentation will focus on how biophilic design, which relates to people's natural affinity to nature and other forms of life, can be harnessed as a therapeutic strategy that can result in both environmentally high-performing and therapeutic living environments.</p> <p>Terri Peters, PhD, Architect ARB, WELL AP, LEED GA, Assistant Professor, Toronto Metropolitan University</p>



9:15 AM PT 12:15 PM ET	Audience Q&A with Morning Presenters Pose questions to the presenters and hear their responses and insights.
9:25 AM PT 12:25 PM ET	Morning Wrap-Up
9:30 AM PT 12:30 PM ET	West Coast Coffee Break/East Coast Lunch Break
10:00 AM PT 1:00 PM ET	Welcome, Recap and Afternoon Agenda
10:05 AM PT 1:05 PM ET	<p>Architecture as a Tool for Inclusion</p> <p>Architecture matters, and designers have the ability to bring people together through their work. The presenter will explore 5 pillars of inclusion making the case for how architecture and planning is being used as a tool for social impact. They will then highlight two case studies, The Pryde and Project Q Communities, both communities that focus on creating housing of belonging and inclusion for LGBTQ older adults.</p> <p>Philippe Saad, AIA, LEED AP, Principal, DiMella Shaffer</p>
10:40 AM PT 1:40 PM ET	Audience Q&A with Afternoon Presenters Pose questions of the presenters and hear their responses and insight.



<p>10:45 AM PT 1:45 PM ET</p>	<p>Memory Care for Dementia Patients Residing Within and Discharged from Correctional Settings</p> <p>Older adults represent the fastest growing segment of the population, including those who are incarcerated with multiple chronic medical and cognitive challenges. Presenters will share perspectives of providing care to this population within and outside of correctional settings. Captain Michael Bollinger will discuss the development of the first Memory Disorder Unit for inmates with a Dementia diagnosis which was modeled after nursing home memory care units with staff certified in Dementia care. Nursing Home Administrator, Tami Kendall, will share her viewpoint on improving care within civilian long-term care communities for individuals who are disproportionately prone to violent symptomatic behaviors.</p> <p>Tami Kendall, NHA</p> <p>Michael Bollinger, Captain, Federal Bureau of Prisons</p>
<p>11:20 AM PT 2:20 PM ET</p>	<p>Audience Q&A with Afternoon Presenters</p> <p>Pose questions to the presenters and hear their responses and insights.</p>
<p>11:25 AM PT 2:25 PM ET</p>	<p>Day #2 Wrap-Up</p>
<p>11:30 AM PT 2:30 PM ET</p>	<p>Adjourn Day #2</p>

Special thanks to our Sponsor Partners!

