



# Behavioral and Mental Health: New Directions in Care and Design of Environments to Support that Care

September 17, 2024

## The Workshop

The mental health crisis around the world continues to grow at alarming rates that affects individuals from all ages, ethnicities and socio-economic positions. One in five adults suffer from some form of mental illness, and these challenges reach far beyond the traditional behavioral health unit. It is imperative that these settings respond to complexities of care, are provide flexibility to fluid care needs and offer equity to patients.

To meet the increased demand for care and enhance staff safety, today's design, facility and care professionals have to advance their understanding of evolving care methodologies and how flexible and safe environmental design can best support patient outcomes.

This live, in-person workshop leverages discussions from across the industry, provides the latest in design thinking for behavioral and mental health care settings and offers state-of-the-art best practices through thought leader presentations, case studies, research, and panel discussions. Attendees will have opportunities to pose questions to workshop faculty and interact with fellow attendees in thought-provoking exercises.

## Agenda

Time	Agenda Item
9:00 AM PT	<p><b>Welcome Opening Remarks &amp; Introductions</b></p> <p><b>Addie Abushousheh, PhD, Assoc. AIA, EDAC, Research Associate, The Center for Health Design</b></p> <p><b>Shary Adams, OAA, AIA, ACHA, EDAC, LEED AP BD+C, Healthcare Practice Area Leader, Gensler</b></p>
9:10 AM PT	<p><b>Opening Keynote Panel Discussion</b></p> <p><b>Moderator:</b> <b>Scott Holmes, RA, Emeritus ACHA, LEED AP, BMHEN Facilitator</b></p>



	<p><b>Panelists:</b> <b>Deb Lambert HFA, MS</b>, President &amp; CEO, Byron Wellness Community <b>Brian Giebink, AIA, LEED AP BD+C, EDAC</b>, Behavioral and Mental Health Practice Leader, HDR <b>Shiva Mendez, CID, IIDA, LEED AP BD+C, EDAC</b>, Principal – Behavioral Health Practice Leader, Co-Chair HOK Diversity Advisory Council</p> <p>Join members of The Center for Health Design’s Behavioral &amp; Mental Health Environment Network (BMHEN) for a panel discussion to set the stage for the rest of the workshop. These leaders in behavioral health design are solving today’s issues and shaping the future of behavioral health environments.</p>
10:00 AM PT	<p><b>Presentation: Design for Crisis – Evolving Typologies with Lived Experience &amp; Peer Support in Crisis Care Settings</b></p> <p><b>Stephen Parker, AIA, NOMA, NCARB, LEED AP</b>, Mental + Behavioral Health Planner, Stantec <b>Robyn Linstrom AIA, EDAC, LEED AP</b>, Behavioral Health Design Specialist, Stantec</p> <p>Crisis care centers, in their many forms, have rapidly expanded across North America and each cater to unique community needs. Crafting a dignity-driven, empathetic and trauma-informed approach to the design of these spaces for humanity at its most vulnerable is a challenging yet rewarding endeavor. Participants will dive deep and learn about empathetic and experiential design choices that foster agency and autonomy for those with lived experience.</p>
10:30 AM PT	<p><b>Coffee Break / Table Top Displays</b></p>



11:00 AM PT	<p><b>Research in a Snap</b></p> <p><b>Yolanda Keys, PhD, DHA, RN, NEA-BC, EDAC</b>, Research Associate, The Center for Health Design</p> <p>The pursuit of evidence-based design and research is central to successful behavioral healthcare design projects. The Center for Health Design’s research team will share several mini-presentations called “Research Matters Slidecasts” and will highlight a few recent studies, why they are important, and key takeaways.</p>
11:05 AM PT	<p><b>Case Study: Empathetic Behavioral Health Design Innovations</b></p> <p><b>Eric Kern, AIA, LEED AP, BD+C</b>, Principal, Behavioral Health Director, Page <b>Alison Ledwith, AIA, WELL AP, LEED AP BD+C</b>, Project Healthcare Planner, Page <b>Brent Castro, AIA</b>, Senior Design Architect, Page</p> <p>This presentation will highlight unique recovery, empathy, and wellness-focused design features incorporated within the design of two new award-winning behavioral health hospitals. Showcasing Fulton State and Central State Hospitals, design techniques to be discussed include designing by diagnosis, circadian lighting, living unit and courtyard layouts, and acoustical and biophilic design. Hear how these strategies provide dignity, choice and privacy for patients and staff.</p>
11:35 AM PT	<p><b>Research in a Snap</b></p> <p><b>Addie Abushousheh, PhD, Assoc. AIA, EDAC</b>, Research Associate, The Center for Health Design</p>
11:45 PM PT	<p><b>Lunch / Table Top Displays</b></p>



12:30 PM PT	<p><b>Facilitated Discussion / Group Work</b></p> <p>Roll up your sleeves and join the rest of the attendees for an interactive experience that explores common issues and experiences surrounding mental and behavioral health. Think outside the box as you and fellow attendees consider implications for care settings and identify potential innovative design solutions.</p>
1:20 PM PT	<p><b>Case Study: BeWell OC – Cultivating Community and a Continuum of Care</b> <b>Rosalie Zoll</b>, Director of Planning, BeWell OC <b>Darci Hernandez</b>, Principal, Boulder Associates</p> <p>This session will outline how Southern California behavioral health leaders are changing the delivery of behavioral healthcare, highlighting the need for greater access, care integration and improved design. Several campuses will be showcased to illustrate how the projects are destigmatizing behavioral health, and leveraging outdoor spaces and campus amenities to support the integration of health and wellness.</p>
1:50 PM PT	<p><b>Case Study: The Montage Health Ohana Campus – Using Neuroscience to Address the Behavioral Health Crisis</b> <b>Daphne Corona</b>, Senior Associate   Project Manager, NBBJ</p> <p>The Montage Health Ohana campus seeks to upend the narrative that mental health care must be relegated to institutional settings that isolate rather than heal. Its unique and visionary program seeks to amplify positive outcomes for young people through connections with nature and is grounded on brain science research that shaped the environment.</p>
2:20 PM PT	<p><b>Afternoon Break / Table Top Displays</b></p>



2:50 PM PT	<b>Research in a Snap</b> Ellen Taylor, PhD, AIA, MBA, EDAC, Vice President for Research, The Center for Health Design
2:55 PM PT	<b>Presentation: Nurturing Neurodiversity through the Power of Psychology and Design</b>  Kati Peditto, PhD, EDAC, WELL AP, Environmental Psychologist  This presentation will provide a deeper understanding of what neurodiversity means and its significance in the behavioral health care environment. Attendees will learn key design principles that create supportive and inclusive environments for neurodiverse patients and staff and how those interventions can improve health outcomes.
3:25 PM PT	<b>Concluding Panel</b> Wrap up the day with the workshop facilitators who will share key observations from the day and projections toward a path forward.
3:55 PM PT	<b>Wrap Up</b>
4:00 PM PT	<b>Adjourn</b>



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