



Behavioral and Mental Health: Design for to Meet the Challenges of Today and Tomorrow

September 20, 2022

The Workshop

The mental health crisis in the U.S. and around the world continues to grow at alarming rates that affects individuals of all ages, ethnicities and socio-economic positions. These challenges reach far beyond the behavioral health unit into a myriad of care settings. Now, more than ever, it is imperative that these settings respond to complexities of care, provide flexibility to fluid care needs, and offer equity to patients.

To meet the increased demand for care, support improved care and enhance staff safety, today's design, facility and care professionals have to advance their understanding of the environment's impact on behavioral healthcare and learn how to incorporate the best and latest design solutions throughout all healthcare settings.

This live, in-person workshop leverages the discussions from prior behavioral health virtual workshops, and provides the latest in design thinking for behavioral healthcare and health settings while sharing state-of-the-art best practices through thought leader presentations, case studies and panel discussions. Attendees will have opportunities to pose questions to workshop faculty and interact with fellow attendees in fun and innovative ways.

Agenda

Time	Agenda Item
9:00 AM ET	Welcome Opening Remarks & Introductions Ellen Taylor, PhD, AIA, MBA, EDAC, Vice President for Research, The Center for Health Design
9:10 AM ET	Opening Keynote: Creative Forces: Creative Arts Therapies Healing the Invisible Wounds of War Enable participants at The Center for Health Design behavioral health workshop to understand the Creative Forces initiative and creative arts therapies offered in U.S. Departments of Defense (DoD) and Veterans Affairs (VA) healthcare facilities for military patient and veteran populations exposed to trauma in addition to their family and caregivers.



	<p>Mary Therese Hankinson, MBA, MS, RD, EDAC, FACHE, Program Manager for Research & Program Evaluation, Creative Forces, National Endowment for the Arts' Military Healing Arts Network</p> <p>Melissa Walker, ATR, Lead Art Therapist, Creative Forces, National Intrepid Center of Excellence, Walter Reed National Military Medical Center</p>
10:10 AM ET	<p>The Evolution of Behavioral Health Design: A Panel Discussion</p> <p>As design for behavioral and mental health continues to grow, it has become abundantly clear that if environments are to be effective and provide patients with health, wellness and personal autonomy, they must continually evolve. Led by two architects who are thought leaders in the field of behavioral health design, this esteemed panel will talk about the current and future state of the practice in mental and behavioral healthcare and their implications for design.</p> <p>Moderators: Shary Adams, AIA, ACHA, EDAC, LEED AP BD+C, Senior Vice President, Cannon Design</p> <p>Kayvan Madani Nejad, PhD, AIA, Director, Senior Healthcare Architect, U.S. Department of Veterans Affairs, CES OFP CFM</p> <p>Panelists:</p> <p>Arien Cartrette, AIA, Principal, architecture+</p> <p>Jamie Norwood, AIA, EDAC, LEED AP BD+C, Associate Principal, Hord Coplan Macht</p> <p>Melanie M.S. Baumhover AIA, LEED AP, Principal, BWBR</p>
10:55 AM ET	<p>Coffee Break/Table Top Displays</p>
11:25 AM ET	<p>The Intersection of Diagnosis, Dignity and Design for Mental and Behavioral Health Communities in Crisis</p> <p>In this work, we present novel guidance on Crisis Center planning, design, and construction to ensure maximum dignity and accurate diagnosis for individuals served. The model we present fills a gap in design recommendations between intensive outpatient and hospital settings. Direct guidance from SAMHSA prioritizes that “every person gets the right response, in the right place, every time”. As such, it is imperative that we amend the recommended guidelines put forth by regulatory bodies to include the newest “place” in providing behavioral/mental health care - crisis diversion centers. In 2015, there were 3</p>



	<p>crisis centers nationwide. As of 2019, there are 15 crisis centers, and that number is growing exponentially as federal dollars are being positioned toward this service line. Thus, the recommendations put forth by study are both timely and necessary. We will offer an update in regard to the new 988 crisis hotline and the readiness of our communities.</p> <p>Kimberly N. McMurray, AIA, NCARB, EDAC, MBA, Principal, Behavioral Health Facility Consulting, LLC</p> <p>John Lovett, DSc, Alabama State Director, Benchmark Human Services</p>
11:55 AM ET	Lunch/Table Top Displays
12:40 PM ET	<p>Facilitated Discussion/Group Work</p> <p>Panel moderator Shary Adams will lead an interactive discussion where you will delve further into the challenges and opportunities in behavioral health design. This is your chance to roll up your sleeves, take a deep dive into the issues and pose potential strategies for the larger group.</p> <p>Shary Adams, AIA, ACHA, EDAC, LEED AP BD+C, Senior Vice President, CannonDesign</p>
1:20 PM ET	<p>Space for Healing: Providing Patients Resources to Cope</p> <p>Quality milieu at multiple scales is often lacking in behavioral health environments. By focusing on a more individualistic approach, we can lower patient stress and improve outcomes. It is imperative to move beyond providing a day room and a few basic group rooms on units. This session will explore how salutogenic elements can be applied in design to provide therapeutic spaces that promote wellness.</p> <p>We will discuss the value of designing for social choice. You will learn how design for wellness complements operational strategies and increases the effectiveness of the treatment.</p> <p>Angela Mazzi, FAIA, FACHA, EDAC, Principal, GBBN Architects</p>



1:50 PM ET	<p>Lessons Learned from Five Current Mental Health Projects in Texas</p> <p>These five projects in Texas illustrate the importance of remaining open to continued learning. Indeed, they have been a crucible for that learning.</p> <p>Architecture+’s project leadership will discuss their new learnings from these five projects with a particular attention to the implications that the pandemic has had on future mental health project planning and design.</p> <p>Francis Murdock Pitts FAIA, FACHA, OAA, Principal, architecture+ Emily Kohout AIA, Associate, architecture+</p>
2:20 PM ET	<p>Afternoon Break/Table Top Displays</p>
2:50 PM ET	<p>Sheppard Pratt Baltimore/Washington Behavioral Health Campus - Case Study</p> <p>The new Sheppard Pratt Behavioral Health Hospital on its net Baltimore/Washington campus aims to address the urgent need for mental health care resources in its surrounding community, and set an example for other organizations across the country. With an overarching goal of fostering community and belonging to those who enter, honoring nature as an integral part of the healing process was central to its design.</p> <p>Tim Rommel, AIA, MRAIC, Principal, Mental Healthcare Practice Leader, CannonDesign</p> <p>Stephen M. Merz, FACHE, Chief Operating Officer, Sheppard Pratt Solutions</p>
3:20 PM ET	<p>Wrap Up Panel</p> <p>Wrap up the day with the workshop facilitators who will share key observations from the day and projections for a path forward.</p>
3:50 PM ET	<p>Adjourn</p>



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