

Behavioral and Mental Health: Design to Meet the Challenges of Today and Tomorrow September 28, 2023

The Workshop

The mental health crisis around the world continues to grow at alarming rates that affects individuals from all ages, ethnicities and socio-economic positions. These challenges reach far beyond the traditional behavioral health unit into a myriad of care settings. It is imperative that these settings respond to complexities of care, provide flexibility to fluid care needs and offer equity to patients.

To meet the increased demand for care, support improved care and enhance staff safety, today's design, facility and care professionals have to advance their understanding of the environment's impact on mental and behavioral health care and learn how to incorporate the best and latest design solutions throughout all healthcare settings.

This live, in-person workshop leverages discussions from across the industry, provides the latest in design thinking for behavioral and mental health care settings and offers state-of-the-art best practices through thought leader presentations, case studies, and panel discussions. Attendees will have opportunities to pose questions to workshop faculty and interact with fellow attendees in fun and innovative ways.

Agenda

| Time | Agenda Item |
|------------|--|
| 0.00 AM CT | Welcome Opening Remarks & Introductions |
| 9:00 AM CT | Ellen Taylor, PhD, AIA, MBA, EDAC, Vice President for Research, The Center for Health Design |
| | Opening Keynote: State of the Practice |
| 9:10 AM CT | What makes a healing space accessible for today and relevant for tomorrow? Hear Keith Novenski discuss the inter-connection between design spaces and mental and physical wellbeing. He will share what he's learned from his experience in redesigning healing spaces that honor culture, community and whole-person care, and encourage us to design with logic and heart. |
| | Keith Novenski, Director Transformational Design, Indigenous Pact PBC, Inc. |



| 9:55 AM CT | Behavioral and Mental Health Panel Discussion |
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| | Kick off the day with a lively panel discussion between the presenting faculty. They will identify major themes and key concepts that will be discussed in- depth throughout the day and set the stage for an interactive experience between workshop presenters and attendees. |
| | Moderator: Shary Adams, AIA, ACHA, EDAC, LEED AP BD+C, Senior Vice President, CannonDesign |
| 10:40 AM CT | Coffee Break/Table Top Displays |
| | Research Matters |
| 11.10 ANA OT | A quick snapshot of recent and noteworthy behavioral health design research. |
| 11:10 AM CT | Melissa Piatkowski, MS, EDAC, Research Associate, The Center for Health Design |
| 11:15 AM CT | Understanding Operational Factors in Behavioral Healthcare: The Impact of Design on Staff Efficiency and Effectiveness |
| | Behavioral Health has a bad reputation for being unprofitable. Low reimbursables are the obvious culprit, but design is another significant driver. In this presentation, we will demonstrate examples of design decisions that force providers to choose between good care and financial viability. We will follow that with an action plan to design spaces that are optimized for operational efficiency and therapeutic effectiveness. |
| | Kevin Turner, AIA, Principal Architect, Human eXperience |
| | Sarah Rolfvondenbaumen, Behavioral Health Consultant and Architect, Human eXperience |
| 11:45 AM CT | Lunch/Table Top Displays |





| 12:30 PM CT | Research Matters A quick snapshot of recent and noteworthy behavioral health design research. Ellen Taylor, PhD, AIA, MBA, EDAC, Vice President for Research, The Center for Health Design |
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| 12:35 PM CT | Facilitated Discussion/Group Work Roll up your sleeves and join the rest of the attendees for an interactive experience that explores common issues and experiences surrounding mental and behavioral health. Think outside the box as you and fellow attendees consider the implications for care settings and identify potential innovative design solutions. |
| 1:20 PM CT | Mental & Behavioral Health from the Aging Perspective: Evaluating Data & Intentional Usage Working with those who have severe and chronic mental health diagnoses or are progressed in their dementia and unable to comprehend who is caring for them can be a challenge for even the most seasoned team. Byron has done this work for over 100 years, starting out as a County Home and now working in a state-of-the-art community with efficiency and effectiveness in mind to ensure the highest care is provided. Hear about this population and what it takes to support those living with atypical behaviors. Deb Lambert HFA, MS, President & CEO, Byron Wellness Community Sarah Starcher, HFA, Chief Operating Officer/Executive Director, Byron Wellness Community |
| 1:50 PM CT | Case Studies: Behavioral and Mental Health Projects in Canada Description to come. Michele Cohen, OAA, MRAIC, LEED AP, M.Arch, Principal, Health Sciences, Canada, NORR |
| 2:20 PM CT | Afternoon Break/Table Top Displays |



| 2:50 PM CT | Research Matters A quick snapshot of recent and noteworthy behavioral health design research. Yolanda Keys, PhD, DHA, RN, NEA-BC, EDAC, Research Associate, The Center for Health Design |
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| 2:55 PM CT | Case Study: Renovation of a 1950's Neuropsych Hospital and Academic Medical Center Hear how a mid-20th century hospital and academic center in mid-city Los Angeles was dramatically transformed to meet the needs of today's mental and behavioral health, patients, family and staff. Highlights include service to specialty populations (pediatrics, aging populations, geriatric and comorbidities), a 24/7 outpatient observation unit and the challenges of providing safe and healthy access to the outside in an urban setting. Terri Zborowsky, PhD, RN, EDAC, CPXP, Evidence-based Design Researcher, HGA Suzanne Kiely, Project Manager, UCLA Health, Planning Design and Construction and Real Estate |
| 3:25 PM CT | Concluding Panel Wrap up the day with the workshop facilitators who will share key observations and projections for a path forward. |
| 3:55 PM CT | Wrap Up Day |
| 4:00 PM CT | Adjourn |



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