

ICONS and Innovators Webinar Series
 CEU Verification Form & Quiz



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Participant Name: _____

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Provider Name: **The Center for Health Design** Provider Number: **Z009**

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Attended	AIA	Webinar Title	LU Hours	HSW
Yes <input type="checkbox"/> No <input type="checkbox"/>	WEB20C16_ON	Forget Me Not: My Experience Living with Dementia	1.0	Yes

1. Which one of these items was NOT part of the toolkit to simulate dementia?
 - a. Sandpaper
 - b. Chewing Gum
 - c. Popcorn
 - d. Ear buds/headphones with soundtrack of static and whispers

2. What are some typical “behaviors” associated with Dementia?
 - a. Rummaging
 - b. Wandering
 - c. Listlessness
 - d. All of the Above

3. What are some factors that prevent a good night’s sleep?
 - a. Noisy environment
 - b. Not enough exposure to daylight
 - c. Consistent light levels
 - d. A and B only
 - e. All of the above

4. What is the minimum light level in a hallway recommended by the IESNA?
 - a. 1 Footcandle
 - b. 30 Footcandles
 - c. 150 Footcandles
 - d. 200 Footcandles

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5. What color light is recommended for night lights?
 - a. Bright White
 - b. Amber
 - c. Blue
 - d. Green

6. Pay attention to the light fixture specifications and overall light levels to minimize _____ which causes eye discomfort and can contribute to falls.

7. What are some techniques to minimize glare?
 - a. Provide the brightest lighting levels possible
 - b. Select and locate light fixtures such that bare bulbs are not visible
 - c. Provide as much natural light, without window treatments, as possible
 - d. Do not specify clear alzak (shiny metal) trim inside recessed lights
 - e. A and C only
 - f. B and D only
 - g. All of the above

8. What is the most common reason why a person with dementia rummages?
 - a. They are thirsty
 - b. They are lonely
 - c. They are bored
 - d. They are happy

9. Accessories and decorations in a memory care setting should be _____ and not just to look pretty.

10. Residents should be able to use an outdoor space. Which of these were NOT a recommended design feature to support access to the outdoors?
 - a. Automatic door opener
 - b. Making the Door look like a door to the outside might look
 - c. Locking doors so residents can only go outside with staff
 - d. Having smooth level transitions/thresholds.

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