

ICONS and Innovators Webinar Series
 CEU Verification Form & Quiz



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Attended	AIA	Webinar Title	LU Hours	HSW
Yes <input type="checkbox"/> No <input type="checkbox"/>	WEB22C17_ON	Getting Above the Noise: Creating High- Performance + Restorative Hospital Work Environments	1.0	Yes

1. Staff retention is an important concern. What percent of staff report feelings of burnout?
 - a. Less than 5%
 - b. 10%
 - c. Greater than 15%

2. Inpatient unit nurses stations have similar benefits and challenges as:
 - a. Retail sales counter
 - b. A library
 - c. Open office workplace
 - d. A café

3. Cognitive tasks that caregiver staff are engaged include which of the following:
 - a. Communicating orders from physicians to lab and pharmacy
 - b. Coordination with other services in the hospital
 - c. Documentation of patient status
 - d. All of the above

4. The World Health Organization (WHO) recommends noise levels no greater than:
 - a. 20 dBA
 - b. 40 dBA
 - c. 50 dBA
 - d. 60 dBA

5. American hospitals have actual noise levels ranging from:
 - a. 20-30 dBA
 - b. 30-40 dBA
 - c. 40-50 dBA

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- d. 50-60 dBA
- 6. The physiological impact of longterm exposure to noise includes:
 - a. Fatigue
 - b. Impaired immune response
 - c. Cortisol – rise in Blood Pressure
 - d. All of the above
- 7. Which of these is not a reason that corridor communication is important:
 - a. Hierarchies are suspended
 - b. Staff feel more safe sharing their vulnerabilities
 - c. Allows for sharing of rumors away from the nurse station
 - d. People are more open to considering “what if” scenarios
- 8. Caregiver staff are most distracted by what kind of noise:
 - a. Rolling carts
 - b. Ice machines
 - c. Vacuum cleaners
 - d. Human voices
- 9. Aspects of safe, calm workplaces include which of the following (choose all that apply):
 - a. Prospect and refuge
 - b. Visualization of colleagues
 - c. Hard, non-absorptive surfaces
 - d. Appropriate places for appropriate work
- 10. To avoid arousal fatigue, our minds require how many minutes of rest every 90 minutes?
 - a. 2 minutes
 - b. 5 minutes
 - c. 10 minutes
 - d. 15 minutes

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