

ICONs and Innovators Webinar Series

CEU Verification Form & Quiz

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Attended	AIA	Webinar Title	LU Hours	HSW
Yes 🗆 No 🗆	WEB23C08_ON	Caregiver Well-being in Mental and Behavioral Health Environments	1.0	Yes

1. is an occupation-related syndrome encompassing emotional exhaustion, detachment or disengagement from patients and one's work, and a reduced sense of personal accomplishment.

2. The average annual turnover rate (2022) in mental and behavioral healthcare is:

- Α. 5%
- B. 26%
- C. 31%
- D. 100%

3. Which of the following are key drivers of staffing challenges in mental and behavioral healthcare:

- Α. Geographic mal-distribution of MH/BH providers
- В. Historical stigma
- C. Higher rates of workplace violence
- All of the above D.
- 4. Staff respite spaces should be located:
 - Α. As close to the care desk (hub of action) as possible
 - В. Separate from patient treatment spaces
 - C. In a different building
 - D. As far away from patients as possible

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- 5. What factors often lead to consideration for staff dining options?
 - Security protocols (increased time to enter/exit) Α.
 - The travel distances due to overall building length (increased time to enter/exit) B.
 - C. Staff are human and need to eat!
 - D. All of the above.
- 6. When planning for efficiency of staff operations, designers should employ which solution:
 - Dedicated staff circulation to consolidated staff zones Α.
 - B. Combined staff and patient circulation paths
 - C. Separate staff and patient zones as far apart as possible
 - D. All of the above

7. Strategies to extend the mental healthcare workforce that may require additional space in a facility include:

- Α. Including peer support specialists as a provider type
- Β. Accommodating students, interns, and residents
- C. Providing dedicated on-site mental healthcare training
- D. All of the above
- 8. Which of the follow improve patient well-being but have little or no effect on staff well-being:
 - Α. Natural light and views to the exterior
 - B. Proper acoustics
 - C. Well-designed artificial lighting
 - D. None of the above

9. In addition to technological security systems, the strategy for security that depends on understanding the needs and day-to-day condition of a patient is known as _____ security.

- 10. What is an effective tactic to increase staff through-put at secure building entries:
 - Α. Revolving doors
 - Automated sallyports / portals В.
 - C. Increasing security staff
 - D. Eliminating the secure perimeter

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